

# February 2025

## Rebecca Cheetham Nursery and Children's Centre NEWSLETTER



Dear parents/carers,

Welcome to our latest newsletter. January has just whizzed by and it has been a very busy time in the nursery for the children and the wonderful team. We were very blessed to have been able to spend our INSET day at the Newham Nursery Schools Early Years Conference which was a wonderful day of learning and sharing of ideas in the latest advancements in early education. So much wonderful learning to be brought back to the nursery and children's centre to embed in to our practice.

### PARENT FORUM

**Next date: Wednesday 12th February 2025 9am and 1pm (both face-to-face sessions)**

**TOPIC: Wellbeing and School of Family Valentine's Day activities**

<https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=893&type=pdf>

Please ensure you book a place onto the Wellbeing Parent Forum. This session focuses on wellbeing; how we can take care of our mental health and wellbeing and the direct correlation that it has on our children and the relationships we have with those around us. To celebrate Valentine's Day we will be offering you the chance to spend time with your child in the provision where we will have a range of activities to do with your child and give you an opportunity to see them in "their" provision. This is a wonderful opportunity to see how your child interacts with the nursery space.

### SUSTAINABLE CITIZENSHIP

We are very excited about the launch of the Sustainable Citizenship Programme for Parents and you will have received the Passport and the Evidence Booklet. We will be encouraging you all to take part as it will benefit your child's development but also if we manage to get a minimum of 60% engagement with parents/carers we will be eligible to receive the prestigious Sustainable Citizenship Bronze Award. We have worked very hard on various initiatives within the nursery so we are hoping we can get your support with this. Here is a link to the accompanying letter that we sent a couple of weeks ago: <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=886&type=pdf>



If you have no intention in engaging in the project, that's fine; just please return the passport to us as each passport costs £4 to purchase.

#### Nursery Opening Times

Extended day  
8:00am to 5:00pm  
Or  
8:00am to 6:00pm

30 Hours  
8:45am to 2:45pm

Morning place  
8:45am to 11:45pm

Afternoon place  
12:45pm to 3:45pm

Charges apply for late collections.

### Attendance and Punctuality

We take attendance and punctuality very seriously and it is proven that constant absence can be a major disruption to your child's development.

Research has shown that attending early years education and care can help to improve children's outcomes and narrow the gap associated with socio-economic disadvantage. <http://www.nuffieldfoundation.org/impact-nursery-attendance-childrens-outcomes>

If your child will not be attending nursery, it is essential you contact us



Like us on Facebook



Follow us on Twitter  
@RCNCC15

## WORLD BOOK DAY 2025: THURSDAY 6TH MARCH 2025

World Book Day will be upon us in no time and reading with your child is one of the best things you can do to help with their development, not to mention building a closer bond with your child. It's a win-win. We will be offering lots of activities on the day but one of the most exciting things we will be offering is a "Make Your Own World Book Day Costume" workshop at Rebecca Cheetham Nursery hosted by Farhana, Mandy and Rohan. If you attended our Christmas Costume session, you will know what to expect. We will provide you with everything that you need; all you need to do is bring your creativity and any materials that have inspired you. We have three dates for you:

**Tuesday 25th February 2025 between 9:00am—10:30am and**

**Wednesday 26th February 2025 between 1:00pm—2:30pm and**

**Thursday 27th February 2025 between 9:00am—10:30am**



We love seeing the children dress up and we will be welcoming book related costumes on the day but please, **don't spend money on buying a costume!** If you were going to spend money on a costume, we'd rather you spent it on books. We would also love to have parents come in to read books to the children in their home/heritage language on the day. Let your child's classroom teacher/leader know if you are available to do this. Here is a link to the Family section of the World Book Day website to give you some further ideas: <https://www.worldbookday.com/families/>

**World Book Day will also see the launch of...**

### **FRED (Father's Reading Every Day)**

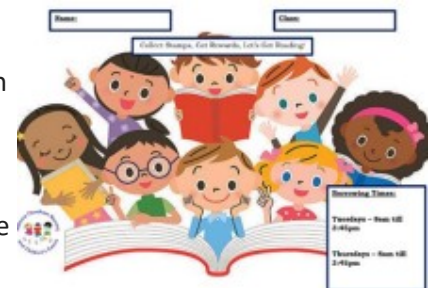
When you sign up to the programme, you are committing read to your child or children for at least 15 minutes a day for the first two weeks and at least 30 minutes for the second two weeks. You will get a reading log to record the number of books read and how much time you spend reading together. This programme is important because it has been shown to improve children's reading and educational achievement. It is also a great way of spending more time with your child and deepening your bond. One dad who took part in FRED said: "Learning is more fun reading with my children. My daughter talks about FRED all the time, she likes to read all kind of books now." We will be launching FRED on Thursday 7th March during our World Book Day celebrations. Look out for the information packs that the team will be handing out to you! **Finally, although the programme is called FRED, it is not just for fathers, but for father figures too – this may include grandfathers, brothers, uncles or family friends.** If you want to find out more about FRED, click the link here: <https://www.fatherhoodinstitute.org/fathers-and-education>

**If you don't have any books at all for your child at home, please speak (discretely) to a member of the office team or your child's key worker – we don't want any child to not have books of their own!**

### **READING LIBRARY**

Every child in the nursery should have a reading passport. These were given to each child with the child's name on it. For any new starters, if you haven't received one, can you please ask your child's key person or a member of the front office team.

Currently 20 children have utilised this additional service from the nursery and have already been receiving some awards for the books they are borrowing. We would love to double this figure by the end of the month.



Have a look below at the awards we have on offer for perseverance in borrowing books through the Rebecca Cheetham Reading Library!

When a child has completed 6 stamps they will receive a personalised bookmark.

When a child has completed 12 stamps they will receive a Bronze Certificate and a book for keeps.

When a child has completed 18 stamps they will receive a Silver Certificate.

When a child has completed 24 stamps they will receive a Gold Certificate, a medal and a book for keeps.

## PARENT SURVEY 2024/2025

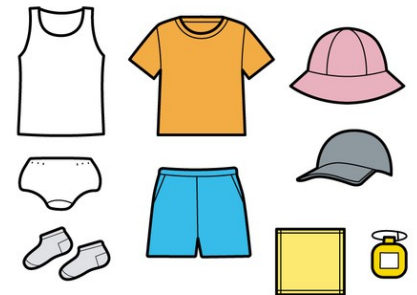
We are extremely thankful to all the parents who took the time to fill out our survey for the 2024/2025 academic year. We had a great response and have brought all the information together for you all to have a look through. This is a lengthy document, but we wanted you to see that we take your feedback seriously and very thankful of all the positive comments you provided which were shared with all the team in the nursery. It really makes a huge difference to hear these words coming from the parents themselves, so thank you.

I hope, that if you did provide some constructive feedback, that our response is helpful and that your concerns are validated. It is certainly helpful to get these ideas so we can make improvements on the wonderful offer we provide to you.

For the link to the survey reflections, please click on this link: <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=894&type=pdf>

## CHANGE OF CLOTHES FOR NURSERY CHILDREN

It is inevitable that children have toileting accidents or get wet from the weather or playing with water. Our aim is to get them changed and dry as quickly as possible. We are finding that lots of children are coming to nursery without a change of clothes or fresh underwear and socks. Even if your child is toilet trained, please make sure that you have some spares in their nursery bag so we can change them quickly and efficiently. We only have limited nursery spares available and we don't want to have children waiting unnecessarily. We also encourage children to have wellington boots to aid in their play—children love jumping in puddles!



## TRANSPORT FOR LONDON UPDATE & PARKING—DROPPING OFF & PICKING UP CHILDREN

Our school is proud to hold a gold accreditation for promoting active travel. We encourage staff, children and families to walk, scoot, cycle or use public transport when travelling, having positive benefits for health and reducing pollution in the environment. We are pleased to be working alongside Local Community Police to ensure



that there is safe access to our site and that pollution levels around the school are kept to a minimum. If you are driving to nursery please remember to use the parking bays on Marcus Street and not park your car on the kerb/ yellow lines as this causes an obstruction to both pedestrians and service vehicles. Also the staff car park is strictly for staff only.

Dropping and picking up your children right outside the building with your engine still running is bad for all sorts of reasons. Idling makes for worse air quality and it's young people who are at the greatest risk from the air pollution outside their schools because their lungs are still developing. Children are shorter than adults too, so they are physically closer to car exhaust pipes. Noise from the vehicle is distracting making it harder for students to hear cars that are actually moving, and which might not be visible behind idling cars.

There's climate change to think about too. When an engine is running, it emits carbon dioxide, the main greenhouse gas responsible for climate change. By switching off your engine when stopped, you stop these emissions too. Now that the days are getting longer and the spring is approaching how about leaving the car at home and walking, scooting, or cycling into school.





# Book of the Month



We use books to open up a world of learning for our children. The core books we use, relate to children's interests and we feed that through the breadth of activities we offer within the provision. We also think that using books as the basis or our learning helps children love reading on a deeper level which we hope they will keep with them throughout their education.

We are very excited to share another Nathan Bryon and Dapo Adeola picture story book featuring the fabulous Rocket which works perfectly with our theme of sustainability this term, ***Clean Up!***

"Join Rocket as she sets sail on a brand new mission – to save a Caribbean beach from plastic pollution! When Rocket goes on holiday to visit her grandparents, she's shocked by the pollution that's spoiling their island home and putting the local sea life at risk. Can she think of a way to save the day and bring the community together?"

Please have a look at the resources we provide for this book and access some of the fun and engaging activities we suggest. Here is the link:

<https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=762&type=pdf>

We really hope that these important messages about protecting our environment are as important to you as they are to us and we want to make sure that our students become true sustainable citizens!

## February

### W/C Monday 3rd February

- Children's Mental Health Week

### Wednesday 12th February

- Parent Forum—Wellbeing session with a School of Family opportunity to do Valentine's Day themed activities with your child in the provision. **9:00am and 1:00pm**

### Friday 14th February

Evidence Me reports sent out to parents via email

### Monday 17th February - Sunday 23rd February

- Half term break for Government Funded Children

### Tuesday 25th February

- World Book Day Costume Making Workshop 9:00am—10:30am

### Wednesday 26th February

- World Book Day Costume Making Workshop 1:00pm—2:30pm

### Thursday 27th February

- World Book Day Costume Making Workshop 9:00am—10:30am

## March

### Monday 3rd March

- Bike Week

### Tuesday 4th March

-Booster Seat Theatre Company performing to the children in the nursery

### Thursday 6th March

-Parent Forum—Early Reading

- WORLD BOOK DAY

### TBC—March

Places of Worship Educational Visits

### W/C Monday 31st March

- Parent Consultations all week Dates and times to be confirmed



# LOOK OUT FOR OUR FEBRUARY HALF TERM PROGRAMME

Please speak to a member of the Children's Centre Team for more information.

For regular updates please visit our website and follow us on Twitter @RCNCC15 or

**Coffee Morning**  
**At Rebecca Cheetham, E15**  
**3JT**  
**0-4 Years**  
**From 9:30 - 10:30**  
**Drop in - No booking**  
**required**

## HEALTHY LIFESTYLES & WEANING

Thursday 20th February 2025

1:30-2:00pm

(Alongside Stay & Play)



Come along and speak with a member of the Health Visiting

## DROP IN STAY AND PLAY (No Booking Required)

Stay and Play @ Abbey Lane  
Children's Centre

Mondays 10:00am-11:00am

&

Stay and Play @ Abbey Lane  
Children's Centre



## Advice around Housing

If you are experiencing housing issues such as; disrepair, in temporary accommodation or overcrowded, come along to our workshop where you will be able to understand the process and services that are able to support you and your family.



**Date:** Tuesday 25<sup>th</sup> February 2025

**Time:** 10am-11:30am

**Venue:** Rebecca Cheetham Children's Centre, Marcus Street, London, E15 3JT

If you would like to gain more information or would like to book onto this workshop please call us on

**0208 534 3136 opt 4.**

