



YOUR MENU @

REBECCA CHETHAM SCHOOL

Spring - Summer 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Sweet Chilli Meatballs with Rice	Lamb Lasagne With Garlic Slice	Roast Chicken & Herby Stuffing with Roast Potatoes	Fruity Caribbean Chicken with Rice & Peas	Fish Fingers with Chips
Choice 2	Quorn Dippers with Sweet & Sour Sauce & Egg Noodles V	Vegetable Lasagne With Garlic Slice V	Roast Vegetable Tart served with Roast Potatoes PB	Cheesy Spinach Pasta Parcels V	Pizza Slice with Chips V
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ripple Ice Cream Sponge Roll V	Apple Crumble with Ice Cream V	Frozen Yoghurt served with Fruit Salad* V	SS St Clement's Cake* V	Belgian Style Waffle served with Fruit Salad V

Daily Options Sandwiches/Baked Potatoes/ Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 1 15 Apr, 6 May, 3 Jun, 24 Jun, 15 Jul, 2 Sep, 23 Sep, 14 Oct.

MEAT SERVED AT THIS SCHOOL IS HALAL

KEY: **V** - Vegetarian **PB** - Plant Based **SS** - Sugar Smart
* - (Egg Free Dessert Recipe)



DINEin
AND DISCOVER



YOUR MENU @

**REBECCA CHETHAM
SCHOOL**

----- Spring - Summer 2024 -----

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Spaghetti Bolognese	Baked Sausage served with Mashed Potatoes	Roast Chicken with Yorkshire Pudding served with Roast Potatoes	Lamb & Vegetable Jollof Rice	Fish in Batter with Chips
Choice 2	Creamy Butternut Squash Pasta Bake V	Cheese & Potato Pie V	Toad in the Hole served with Roast Potatoes V	Moroccan Style Tagine with Couscous PB	Chickpea & Potato Curry with Rice PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Fresh Carrots Green Beans
Dessert of the Day	SS Carrot Cake* V	SS Chocolate Sponge Slice served with Chocolate Custard V	Frozen Orange & Mango Smoothie* V	SS Peach Melba Crumble & Ice Cream* V	Jelly served with Summer Fruit* PB

Daily Options Sandwiches/Baked Potatoes/ Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 2 22 Apr, 13 May, 10 Jun, 1 Jul, 22 July, 9 Sep, 30 Sep, 21 Oct

MEAT SERVED AT THIS SCHOOL IS HALAL



KEY: **V** - Vegetarian **PB** - Plant Based **SS** - Sugar Smart
* - (Egg Free Dessert Recipe)

DINEin
AND DISCOVER



YOUR MENU @

REBECCA CHETHAM SCHOOL

Spring - Summer 2024

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chicken & Spring Vegetable Pie with Mashed Potatoes	Piri Piri Glazed Chicken with Rice	Souvlaki Chicken with New Potatoes	Lamb Burger in a Bun with Jacket Wedges	Fish Fingers with Chips
Choice 2	Mac & Cheese with Focaccia V	Quorn & Vegetable Tikka Masala with Rice & Naan V	Mediterranean Vegetable Tart with New Potatoes PB	Southern Fried Veggie Burger with Jacket Wedges V	Sausage in a Roll with Chips PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	SS Sponge Roll* PB	SS Banana Slice* V	SS Lemon & Lime Cheesecake* V	SS Chocolate & Pear Pudding* V	Summer Fruit Platter with Ice Cream* V

Daily Options Sandwiches/Baked Potatoes/ Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 3 29 Apr, 20 May, 17 Jun, 8 Jul, 16 Sep, 7 Oct.

MEAT SERVED AT THIS SCHOOL IS HALAL

KEY: **V** - Vegetarian **PB** - Plant Based **SS** - Sugar Smart
* - (Egg Free Dessert Recipe)



DINEin
AND DISCOVER



YOUR MENU @

**REBECCA CHEETHAM
NURSERY**

Spring - Summer 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Jacket Potato with Tuna	Sri Lankan Fish Curry with Basmati Rice	Roast Chicken & Herby Stuffing & Roast Potatoes		Fish in Batter with Jacket Wedges
Choice 2	Jacket Potato with Cheese V	Veggie Keema with Rice V	Roast Vegetable Tart served with Roast Potatoes PB	Vegetable Pasta Bake & Garlic Bread V	Pizza Slice with Potato Wedges V
Vegetable Selection	Sweetcorn Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Veg Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Selection of Fresh Fruit	Apple Crumble (50% fruit) served with Custard SS	Natural Yoghurt served with Fruit Salad*	Selection of Fresh Fruit	Fresh Fruit Salad

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 1

Extended Day Menu

MEAT SERVED AT THIS NURSERY IS HALAL

KEY: **V** - Vegetarian **PB** - Plant Based **SS** - Sugar Smart
* - (Egg Free Dessert Recipe)

Eat for Free Scheme funded by



DINEin
AND DISCOVER



YOUR MENU @

**REBECCA CHEETHAM
NURSERY**

Spring - Summer 2024

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1		Baked Sausages served with Mashed Potatoes	Roast Chicken with Yorkshire Pudding served with Roast or New Potatoes	Lamb & Vegetable Jollof Rice	Fish in Batter with Baked Chips
Choice 2	Creamy Butternut Squash Pasta Bake V	Cheese & Potato Pie V	'Toad in the Hole' served with Roast or New Potatoes V	Moroccan Style Tagine with Rice PB	Veggie Nuggets with Baked Chips PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Fresh Carrots Green Beans
Dessert of the Day	Fresh Fruit Salad	Bananas with Separate Custard	Natural Yoghurt with Fresh Fruit Salad	Peach(50% fruit) Melba Crumble & Custard SS	Selection of Fresh Summer Fruit

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 2

Extended Day Menu

MEAT SERVED AT THIS NURSERY IS HALAL

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart
* - (Egg Free Dessert Recipe)

Eat for Free Scheme funded by



DINEin
AND DISCOVER



YOUR MENU @

REBECCA CHEETHAM NURSERY

Spring - Summer 2024

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chicken & Vegetable Bake with Mashed Potatoes	Jacket Potato with Tuna	Souvlaki Chicken with New Potatoes		Chicken Tikka Naan with Indian Style Salad & Yoghurt
Choice 2	Mac & Cheese with Focaccia V	Jacket Potato with Cheese V	Mediterranean Vegetable Tart with New Potatoes PB	Tuscan Mixed Bean Pasta Bake with Focaccia Slice V	Sausage Roll with Chips PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Natural Yoghurt with Fresh Fruit Salad	Banana Slice* SS	Selection of Fresh Fruit	Natural Yoghurt with Banana	Summer Fruit Platter with Ice Cream

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 3

Extended Day Menu

MEAT SERVED AT THIS NURSERY IS HALAL

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart
 * - (Egg Free Dessert Recipe)

Eat for Free Scheme funded by



DINEin

AND DISCOVER

REBECCA CHEETHAM NURSERY BREAKFAST MENU

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Toast with butter	Toast with butter	Teas cakes	Crumpets	Toast with butter
	Selection of cereal (Porridge, Weetabix, rice krispies, shreddies)				

REBECCA CHEETHAM NURSERY TEAS MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Scrambled eggs and salad with wholemeal bread	Tomato soup served with croutons	Vegetarian cheese sandwiches served with fresh salad	Fish fingers with baked beans and wholemeal bread	Pita bread served with humus, carrots, tomatoes and cucumber sticks
	Fresh fruit and yoghurt will be available				

WEEK 1: 15 Apr, 6 May, 3 Jun, 24 Jun, 15 Jul, 2 Sep, 23 Sep, 14 Oct.

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Easy oven frittata with a salad in olive oil and lemon juice dressing	Vegetable soup with croutons	Fusilli pasta with tuna, cucumber and sweetcorn and cheese	Vegetarian cheese sandwiches served with fresh salad tossed in lemon juice and olive oil	Rolls with melted cheese and sweetcorn with salad
	Fresh fruit and yoghurt will be available				

WEEK 2: 22 Apr, 13 May, 10 Jun, 1 Jul, 22 July, 9 Sep, 30 Sep, 21 Oct

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Fish fingers with baked beans and wholemeal bread	Tomatoe soup with croutons	Tuna/cream cheese with bagels	Pita bread served with humus, carrots, tomatoes and cucumber sticks	Scrambled eggs and salad with wholemeal bread
	Fresh fruit and yoghurt will be available				

WEEK 3: 29 Apr, 20 May, 17 Jun, 8 Jul, 16 Sep, 7 Oct.

TEA MENU DATES

WEEK 1: 15 Apr, 6 May, 3 Jun, 24 Jun, 15 Jul, 2 Sep, 23 Sep, 14 Oct
 WEEK 2: 22 Apr, 13 May, 10 Jun, 1 Jul, 22 July, 9 Sep, 30 Sep, 21 Oct
 WEEK 3: 29 Apr, 20 May, 17 Jun, 8 Jul, 16 Sep, 7 Oct.

SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cucumber sticks with houmous	Carrot sticks & Yogurt	Rice cakes with Philadelphia	Breadsticks with houmous	Rice cakes with Philadelphia
	Fresh fruit				