

# OCTOBER 2024

## Rebecca Cheetham Nursery and Children's Centre NEWSLETTER



Dear parents/carers,

Welcome to our first newsletter of the year. It has been fantastic to see our returning children again and we are so thrilled to meet our new starters. We know that your children will have an unforgettable experience here at Rebecca Cheetham where we will help them foster their independence, initiative, confidence and to develop them as social beings. We can't wait to welcome you to various events throughout the year so you can join in the fun of learning through play at Rebecca Cheetham.

### PARENT FORUM

**Next date: Thursday 7th November 2025 9am and 1pm (both face-to-face sessions)**

**TOPIC: Early Maths**

<https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=843&type=pdf>

We have already run two Parent Forums and I want to thank everyone for joining and I hope they have been helpful in giving you relevant and helpful information. Here are the slide presentations for your reference:

Welcome Parent Forum: <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=827&type=pdf>

Starting School Application: <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=840&type=pdf>

If you want to discuss any of the content above, please don't hesitate to reach out.

### PROTECTED TIMES

We are very proud of the educational offer we provide at Rebecca Cheetham Nursery and as such, we have to make sure we protect the small pockets of adult directed learning we provide. The idea is that during these times the children will not, at all, get interrupted by anyone and that short time gives children the best chance to learn new skills or build their knowledge. These times also help children build their attachment to the key person and their key group of children and build their confidence. Please make sure that you arrive before or after these times to protect the learning opportunities of your children.

**MORNING SESSION: 9:00am – 9:20am**

**11:25am – 11:40am**

**AFTERNOON SESSION: 1:00pm – 1:20pm**

**3:25pm – 3:40pm**

**Nursery Opening Times**

**Extended day  
8:00am to 5:00pm  
Or  
8:00am to 6:00pm**

**30 Hours  
8:45am to 2:45pm**

**Morning place  
8:45am to 11:45pm**

**Afternoon place  
12:45pm to 3:45pm**

**Charges apply for late collections.**

### Attendance and Punctuality

We take attendance and punctuality very seriously and it is proven that constant absence can be a major disruption to your child's development.

Research has shown that attending early years education and care can help to improve children's outcomes and narrow the gap associated with socio-economic disadvantage. <http://www.nuffieldfoundation.org/impact-nursery-attendance-childrens-outcomes>

If your child will not be attending nursery, it is essential you contact us



Like us on Facebook

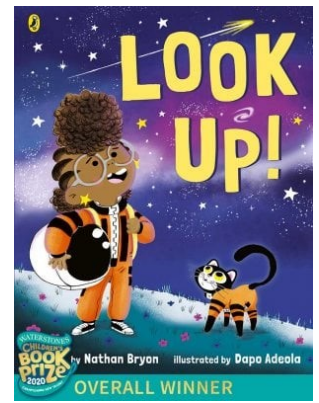


Follow us on Twitter @RCNCC15

## BOOK OF THE MONTH

Book of the month link: <https://www.rebeccacheetham.newham.sch.uk/page/?title=Book+Of+The+Month&pid=70&action=saved>

In addition to the core books that we use a springboard to bring our topic learning alive, we also have a Book of the Month which showcases something additional we want to explore with our children. Last month we spent time with *The Colour Monster* which is a wonderful book that explores children's feelings and emotions. This month our book is *Look Up* by Nathan Byron and illustrated by Dapo Adeola.



## UNICEF RIGHTS RESPECTING SCHOOLS AWARD

We are very proud to be one of very few nursery schools in the country to have achieved our first step to being accredited with the Bronze status as a Rights Committed School which is the first stage of the Rights Respecting Schools Award (RRSA). Children's rights thread through our school ethos and culture, developing children's understanding of their rights and the rights of others. UNICEF's Rights Respecting School Award (RRSA) recognises achievement in putting the Convention at the heart of a school's ethos. For more information about Rights Respecting Schools please visit our school section of our website and click on Rights Respecting Schools. <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=839&type=pdf>



## JOIN OUR LEADING PARENT PARTNERSHIP GROUP

At Rebecca Cheetham Nursery School and Children's Centre we recognise that we are in a unique position to act as a catalyst in building partnerships with all those who make up the community, to make changes that will better the futures for everyone, children and adults alike.

Our goal is to ensure that everyone is aware of our ideology and as part of our leading Parent Partnership commitment, we would like to invite our new parents to join the Parent Partnership Group. Please complete the Google form below if you are interested to be part of the group.

<https://docs.google.com/forms/d/e/1FAIpQLScqkL8hzc4nrNQdvBd7yfnWjAYZ7pD4t4Wm-smZW01C8XE00g/viewform>



## NURSERY CLOTHING

It is really important for us to remind you that children in our nursery have access to wide and varied opportunities to learn through their play. This means that they might get messy, wet or dirty through their play. This is a sign that your child is getting stuck into the provision and fully involving themselves into what we have on offer. For this reason, please make sure that your child does not come into nursery in their best clothes. Also, can you please make sure that there is a change of clothes in their bag in case of an accident or they get wet. Children also love playing with water and water play is part of every early years provision. If you are particularly worried about your child getting wet, consider **water-proofs** for your child; they give your child a lot of freedom in terms of how they play and are super easy to keep clean! There is no pressure to buy, but if you were interested here is a sample link: (<https://www.regatta.com/kids/rainsuits/>). **Wellington boots** are also a great resource for your child so their shoes, socks and feet don't get wet. After all, what child can resist jumping in a puddle!

# Children's Centre

## October Half Term

We will be open and running Children's Centre sessions during October Half Term. Scan the QR Code below for more information. Bookings can be made from Monday 21st October 2024. We look forward to seeing you!

Don't forget to collect a copy of our new October—December Activity Calendar to see when your favourite sessions are running. Reminder that bookings can be made via telephone on 0208 534 3136 from 9am—4pm **one week in advance** on the day of the session. Scan the QR Code below for the full activity calendar including October Half Term Programme or [click here](#)



### FAMILY SUPPORT

We know that difficult situations may arise in life. We have a skilled Family Support Team here who may be able to help should you require support with finances, emotions, health, employments, housing and training. To make a self-referral please follow the link below:

## Managing a Bedtime Routine



**Date:** Tuesday 12<sup>th</sup> November 2024  
**Time:** 1:pm - 2:30pm  
**Venue:** Rebecca Cheetham

Gain tips, share experiences and ideas on how to develop a good bedtime routine.

To register please call us on 0208 534 3136 opt 4.



## Health Promotion

Come and join a Health Visiting Health Care Practitioner for one of our advisory sessions in the Children's Centre.

Our next session is taking place on

### Toilet Training

Thursday 17th October 2024

1:30pm—2pm

## BLACK HISTORY MONTH

Whilst The UK, Ireland, United States and Canada all celebrate October as Black History Month, we believe that we should always focus on celebrating the contribution and achievements of those with African or Caribbean heritage all throughout the year.

At Rebecca Cheetham Nursery we celebrate all year by making sure that children have positive role models in the books they read and are exposed to stories of people who have overcome adversity to achieve their goals. It is so important that children feel represented in the books that they see surrounding them in the nursery. Our children deserve to feel special and know that they are loved. Reassuringly, we are beginning to see a great deal more choice in children's books and representation making it easier to find good, quality books to feature in our classrooms.

The CLPE (Centre for Literacy in Primary Education) research tells us some welcome news; that 30% of the children's picture books, fiction and non-fiction titles published in 2022 featured racially minoritised characters, compared to 20% in 2021, 15% in 2020, 10% in 2019, 7% in 2018 and 4% in 2017. This is an improvement but there is still a long way to go.

The London Borough of Newham have organised a special Black History Month programme which can be accessed here with this link: <https://www.newhamblackhistory.org/> Have a look below for some wonderful representational books we would recommend!

We are so pleased that our new training space is named after one of our favourite black authors and illustrators, Dapo Adeola and three of his wonderfully beautiful illustrations sit proudly in our training room. Check them out the next time you join us for a Parent Forum.

The children have been exploring culture and tradition in the nursery through their adult focused learning and our focus book is *Full, Full, Full of Love* by Trish Cooke (our Cooke Room is named after this incredible author). *Full, Full, Full of Love* is a poem about being loved. It's about how Sunday dinner at Gran's house is full of love for young Jay Jay, with hugs, kisses, tasty food, and happy faces. Ask your child about this book and spark a conversation about the traditions you have at home and how family comes together in your world.

Check out our Book of The Month for October; *Look Up* by Nathan Byron and illustrated by Dapo Adeola (details on the next page) <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=834&type=pdf>

Children have also been exploring Aboriginal Indigenous Art (dot painting), exploring African and Caribbean foods and learning new songs in order to celebrate Black History Month.

### BOOKS WE LOVE AT RC THAT OFFER DIVERSE REPRESENTATION!

*Hair Love* written by Matthew A Cherry and illustrated by Vashti Harrison

*Hey You* written Dapo Adeola

*Clean Up* written by Nathan Bryon and illustrated by Dapo Adeola

*Full, Full, Full of Love* written by Trish Cooke and illustrated by Paul Howard

*Jabari Jumps* written and illustrated by Gaia Cornwall

*Anna Hibiscus' Song* written by Atinuke and illustrated by Lauren Tobia

*Amazing Grace* written by Mary Moffman and illustrated by Caroline Binch

*One Love* adapted by Cedella Marley and illustrated by Vanessa Brantley-Newton

*Standing Up to Racism* written by Dr Pragya Agarwal and illustrated by Louise Forshaw

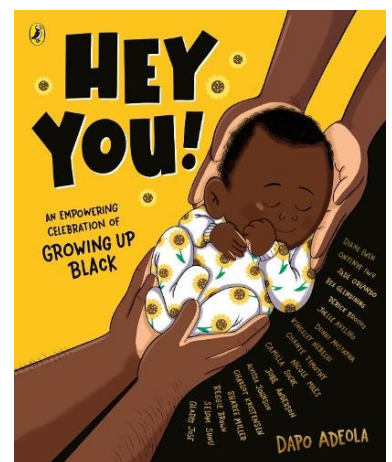
*I Am Brown* written by Ashok Banker and illustrated by Sandhya Prabhat

*So Much* written by Trish Cooke and illustrated by Helen Oxenbury

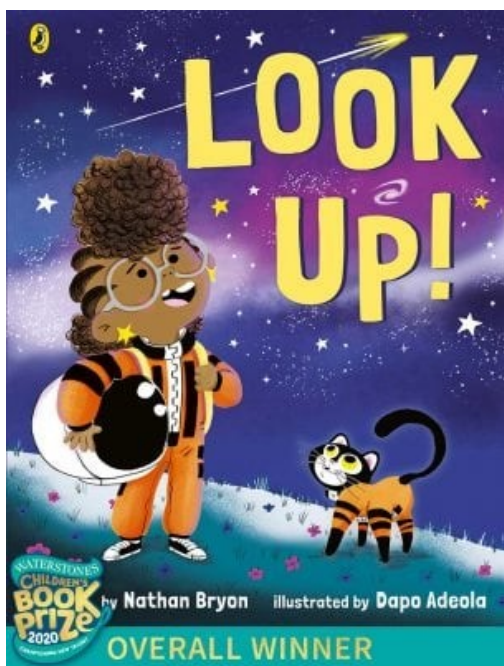
*Baby Goes To Market* written by Atinuke and illustrated by Angela Brookshank

*Handa's Surprise* written and illustrated by Eileen Browne

*Is That Your Mama?* written by Patrice Lawrence and illustrated by Diane Ewen



# Book of the Month



We use books to open up a world of learning for our children. The core books we use, relate to children's interests and we feed that through the breadth of activities we offer within the provision. We also think that using books as the basis of our learning helps children love reading on a deeper level which we hope they will keep with them throughout their education.

We are thrilled to present *Look Up*, written by Nathan Bryon and illustrated by Dapo Adeola as one of the books we are using to celebrate Black History Month. What a firework of a book this is, which tells us the story of our hero, Rocket, who is obsessed with space and stars and has visions of becoming an astronaut in the future, just like her hero Mae Jemison.

Throughout the story she encourages her community to Look Up and in effect, reach for the stars. We think it is so important for our children to also reach for the stars and to have access to inspiring role models from all backgrounds. We want to encourage our children to be inspired by role models who will give them the inspiration to want to achieve their dreams. Many local black residents have gone on to be inspirational figures in their chosen fields and we want children to know that anything is possible.

The school website has a guide to suggested activities that you may like to carry out with your child at home.

Click here for the link: <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=834&type=pdf>

## October

### Thursday 24th October

- *Blown Away* at Wigmore Hall Educational Visit with parents (all bookings closed for this)

### Thursday 24th October

- Last day of school (Government Funded Children)

### Friday 25th October

- INSET DAY (Nursery and Children's Centre closed to all for staff training)

### Monday 28th October—Sunday 3rd November

- Half Term break (No school for Government Funded Children)

### Thursday 7th November, 9:00am and 1:00pm

- Parent Forum on Early Maths with School of Family provision visit

### Wednesday 13th November

- Educational Visit to Stratford Library (Jeffers Room)

### Thursday 14th November

- Educational Visit to Stratford Library (Donaldson Room)

### Friday 15th November

- Educational Visit to Stratford Library (Cooke/ McKee Room)

### W/C Monday 18th November

- Road Safety Week



## STARTING PRIMARY SCHOOL INFORMATION

We had a great turn out for our Starting Primary School Parent Forum; thanks to all of you who attended. Here is the link for the slides if you couldn't attend or wanted to revisit the information: <https://www.rebeccacheetham.newham.sch.uk/attachments/download.asp?file=840&type=pdf> We are here to help if you have any questions to ask about the process.

We update our website when schools provide us with information about Open Days. Click this link to find out which schools Open Days we have information about: <https://www.rebeccacheetham.newham.sch.uk/page/?title=Primary+Admissions&pid=19> You will find the information at the bottom of the page. For those schools not listed that you have an interest in, call the school directly or look on their website.

## TFL DISCOVERERS

Our school is proud to hold a gold accreditation for promoting active travel. We encourage staff, children and families to walk, scooter, cycle or use public transport when travelling, having positive benefits for health and reducing pollution in the environment. The better points scheme is a great motivator, encouraging us to become more active by building up reward points which can be exchanged for vouchers to spend or donate to charity. You can find out more about/join the better points scheme by downloading the app from the apple / google play store.



You can also help us to plan our active travel programme for the year by telling us your views about active travel using the link below. <https://forms.gle/TEatc8FXvmnDd1sm8>



Download the free app to get started.

Download on the **App Store**

Get it on **Google play**

Day	Activity	Time	Distance	Points
Today	Cycle	18:34	1.69 miles	36 BetterPoints
	Walk	15:58	0.25 miles	23 BetterPoints
Yesterday	Won Gold medal: BetterWalker			
	Walk	09:11	0.99 miles	17 BetterPoints

# Do you have a BRP card? You need to apply for an eVisa before December 31st 2024



## If you need help:

- Go to: <https://www.ramfel.org.uk/evisa.html>
- Call us on 02070525212 Tuesdays and Thursdays from 10:00 - 12:00.
- Email [evisas@ramfel.org.uk](mailto:evisas@ramfel.org.uk)